



<u>Monday</u>	5:15-6:00	Mighties Cheer Team
	6:00-7:00	Tumbling 1
	7:00-7:45	Supreme Cheer Team
<u>Wednesday</u>	5:00-6:00	Premiere Cheer Team
	6:00-7:00	Tumbling 3/4
	7:00-8:00	Extreme Cheer Team
<u>Thursday</u>	5:15-6:15	Tumbling 2
	6:15-7:00	Supreme Cheer Team
<u>Sunday</u>	3:30-4:30	Tumbling 3/4
	4:30-5:30	Extreme Cheer Team

Mighties

You do not need any previous experience for this team. Registration is on our website. Ages 3-6.

Premiere

You do not need any previous experience for this team. Registration is on our website. Ages 6-11

Supreme

Must have basic tumbling skills. Including cartwheels, roundoffs, backbends, working on or have front and back walkovers. Ages 7-15

Extreme

Tumbling required Back handspring standing and running, plus all level 1 and 2 skills. Ages 11 and up.

Refer to the cheer overview link for more information.

Length of Class

45 Minutes per week
60 Minutes per week

Monthly Cost

\$70
\$80

Additional Cost

Additional class or sibling	\$35 per class
Yearly registration fee	\$40 per person
	\$55 family fee
Recital fee	\$55 per family
Recital Costumes	\$85 per costume

Studioofdanceandcheer.com
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(830)-625-2088

What to Wear

Tumbling

Female - Fitted top and fitted shorts, females wearing a fitted t-shirt must have a sports bra on underneath regardless of age. Sports bras only are not allowed.

Male - Fitted top, athletic shorts/pants

Cheer Assigned uniform with proper cheer shoes. Athletic shoes do not work for cheer.

All shoes must be approved by SDC. We sell all shoes needed for class.

